7. Withdrawal from Specialty Training
7.1. Introduction

Trainees may leave the training programme before completion for two reasons:

- They choose to resign from the training programme
- They do not meet the training requirements and are released from the programme

In either case the trainee will relinquish their Deanery Reference Number (DRN) or National Training Number (NTN) for the Specialty. Therefore, the trainee will not complete the training programme for the specialty and therefore will not be eligible to apply for CCT to enter the specialist training register. They may in future still be eligible to apply via the CESR (CP) route if they re-enter an approved training programme above ST1 level through open competition. See the guidance above for details.

7.2. Resignation from the training programme

Trainees who chose to resign from the training programme should meet with the Training Programme Director to discuss their intention to resign from the programme and the reasons for the resignation. It may be that with the appropriate support in place the trainee wishes to continue in the training programme.

If following this meeting the trainee still wishes to resign from the programme they are required to formally write the letter of resignation to the Training Programme Director, the Current and/or future employing Trust. In addition they should complete the withdrawal from Specialty Training Form Appendix I: Withdrawal from Specialty Training Form, page 61, and return to the Specialty Workforce Team.

Trainees should be advised that they are required to work a period of notice for the employing Trust and Trainees should check the required period with Medical Staffing at the Trust prior to confirming a start date with any future employer. Trainees are responsible for giving notice to future placements within their training rotation for which they may not yet of signed the contract of employment with not just their current employment. This is GMC good practice³ (http://www.gmc-uk.org/static/documents/content/GMP_2013.pdf_51447599.pdf). The Employer has the right to refer Trainees who do not work the appropriate notice period to the GMC.

7.3. Release from the Specialty Training Programme

Please ensure that you read the ARCP guidance policy for full details of when a trainee will be released from the training programme available via the following link: http://kssdeanery.org/news/2013-arcp-guidance-now-available

³ GMC Good Medical Practice March 2013
If a trainee receives an unsatisfactory ARCP outcome and fails to provide the required evidence at the following ARCP they can be issued an outcome 4 and be released from the training programme.

Trainees will not be released from the training programme without prior discussion.

One of the most common reasons for trainees to be released from Training is failure to achieve the College Specialty membership examinations.

Where possible Trusts will be informed of resulting vacancies in the training programme due to trainee unsatisfactory ARCP outcomes a minimum of 12 weeks prior to the vacancy start date.

Trainees who subsequently pass the exam outside of an approved training post may apply to re-enter a specialty training programme in open competition in line with guidance provided in the MMC person specifications (http://specialtytraining.hee.nhs.uk/specialty-recruitment/person-specifications-2013/). In this case they may be eligible to apply for entry to the specialist register via the CESR CP route. Please see section 5 above for further details of entry to the specialist register.