This innovative programme based at Darent Valley Hospital will allow juniors doctors to spend extended time in the four specialties, paediatrics, psychiatry, acute medicine and general practice before deciding which one to continue as a career. Our trainers are enthusiastically engaged with this programme viewing it as an excellent way for trainees to make the right career choice for them. In addition, there will be opportunities to spend time in other specialties in line with the curriculum.

There will be one educational supervisor responsible for each of the four trainees with one overall Lead for BBT in order to ensure that their combined needs are recognised and met. This will hopefully remove the feeling often experienced by trainees that they are not part of the general group of trainees when spending prolonged time in community posts.

The training environment and available facilities within the programme will provide the competencies required for successful completion of Broad Based Training depending on the exit path chosen by the trainee. The training will therefore ensure that trainees achieve standards that meet local, national and professional standards for GMC.

**Psychiatry posting:**

Job Title: CT1 equivalent - Psychiatry  
Directorate: West Kent – Adult Psychiatry  
Reports To: Dr. M. Aamer Sarfraz  
Responsible To: Dr. M. Aamer Sarfraz  
Location: Little Brook Hospital  
Hours Of Work: 9am – 5pm Monday - Friday  
On Call Responsibility: Yes  
Objectives: Supervised OPD/Inpatient experience & CMHT experience

The BBT Trainee will be based in the Psychiatry department at Little Brook Hospital. Care will be delivered in a number of different locations which...
include in-patient and outpatient/community settings.

The training environment and available facilities within the department will provide the competencies required for successful completion of Broad Based Training depending on the exit path chosen by the trainee. The training will therefore ensure that trainees achieve standards that meet local, national and professional standards for GMC.

As per the BBT curriculum, each trainee will spend 10% of their rotation in one of the other specialties. The psychiatry trainee will exchange with the trainee in General Practice and vice versa.

Dr Sarfraz, Consultant Psychiatrist & KMPT Director of Medicine Education has extensive training & experience in psychiatry in the UK. He has also been an approved supervisor with necessary qualifications for a number of years. He specialises Adult Psychiatry, Liaison & in Substance misuse.

The staff include three consultants, two middle grade, three junior middle grades and one FY1. The average number of beds covered per consultant is 16.

Clinical Duties:

1. Taking full histories, including a mental state examination, and conducting physical examination focusing in particular on the central nervous system.
2. Making provisional diagnosis, summarising the history and making a provisional care plan, jointly with the nursing staff.
3. Requesting appropriate investigations and ensuring that the results are documented in the notes. Bringing to the attention of the consultant any abnormalities.
4. Applying the principles of philosophy and strategy which guides the Adult Psychiatry Service.
5. Taking corroborative history from the relatives and arranging family meetings in relation to the management of patients on the ward and in respect of future management in the community.
6. Maintaining close collaboration between junior and senior doctors working in other specialties and when appropriate making referrals of patients to other medical departments.

**General Practice posting:**

There will be opportunities to experience the whole range of general practice clinics with both booked and urgent appointments, where you will be involved in the initial assessment and management of the practice patients. You will be working as part of an
experienced primary health care team, and will be able to experience nurse practitioner-led clinics, antenatal clinics, child development and diabetic clinics. In addition you will attend clinical governance meetings, QOF meetings and partner meetings.

The current placement in General Practice is based at Kent House Surgery, Longfield, part of the Jubilee Medical Group, and the Clinical Supervisor will be Dr John Luffingham. Dr Luffingham will be retiring in August 2015, details of replacement Supervisor to be confirmed.

The BBT Trainee will be based in one practice under the direct supervision of an experienced trainer.

As per the BBT curriculum, each trainee will spend 10% of their rotation in one of the other specialties. The General Practice trainee will exchange with the trainee in psychiatry and vice versa.

**Educational Support**

Protected teaching currently takes place every week for 4 hours which is curriculum based and Trainer supervised.

Simulator training and courses are organised to aid educational support are available at DVH

**Hospital Medicine posting:**

The BBT Trainee will be based in the Medicine department at Darent Valley Hospital. Care will be delivered in a number of different locations which include the following areas: general wards, Clinical Decisions Unit, Accident and Emergency.

The post will have the added advantage of interfacing with all other acute and allied specialties.

The training environment and available facilities within the department will provide the competencies required for successful completion of Broad Based Training depending on the exit path chosen by the trainee. The training will therefore ensure that trainees achieve standards that meet local, national and professional standards for GMC.

As per the BBT curriculum, each trainee will spend 10% of their rotation in one of the other specialties. The Acute Medicine trainee will exchange with the trainee in paediatrics and vice versa.
Learning Opportunities

1. Regular Consultant Ward Rounds and handover
2. Wide variety of acute medical activities covered
3. Ability to ensure that work-based assessments are completed in good time
4. Regular feedback and close educational supervision
5. Regular protected teaching
6. Teaching and competency-based assessments
7. Very active Local Faculty Group with engagement from all consultants
8. Protected audit half days and journal club meetings
9. Weekly grand rounds with presentations rotating between specialties

Educational Support

Protected teaching currently takes place every week for 4 hours which is curriculum based and consultant supervised.

In house simulator training and courses are organised to aid educational support

There is a very active Simulation Faculty and regular simulation sessions are organised

Hospital Paediatric posting:

The Trust has eight consultants supported by nine senior middle grades, six junior middle grades and two FY2 trainees. The paediatric department is located in Darent Valley Hospital.

There are 24 beds on the paediatric ward, six beds on the paediatric assessment unit and 18 cots in the Level 1 neonatal unit. The department has approximately 20 clinics per week including specialty clinics and on average the trainee will have the opportunity to attend 8-10 clinics when posted in the clinic area. The rota is 1:9.

The BBT Trainee will be based in the Paediatric department at Darent Valley Hospital. The curriculum based training will be delivered in a number of different locations which include the following areas: general paediatric ward, paediatric assessment unit, neonatal unit, postnatal ward, accident and
emergency and out patients. The post holder will gain experience in dealing with various paediatric medical conditions, recognition and managing a sick child/newborn, basic knowledge in safeguarding procedures and multidisciplinary management of children with complex needs.

The post will have the added advantage of interfacing with all other acute and allied specialties and opportunities to attend specialist paediatric clinics such as cardiology, endocrinology, epilepsy, diabetes, gastroenterology, community paediatrics etc.

The training environment and available facilities within the department will provide the competencies required for successful completion of Broad Based Training depending on the exit path chosen by the trainee. The training will therefore ensure that trainees achieve standards that meet local, national and professional standards for GMC.

As per the BBT curriculum, each trainee will spend 10% of their rotation in one of the other specialties. The paediatric trainee will exchange with the trainee in Acute Medicine and vice versa.

**Learning Opportunities**

1. Daily Consultant led teaching ward rounds and teaching handovers

2. Wide variety of paediatric activities including case discussion and presentations to senior colleagues, education and training for basic practical procedures in paediatrics and neonates under supervision of senior colleagues. All the shop floor activities are supervised and supported by hot week consultant model

3. Ability to ensure that work-based assessments are completed in good time with appropriate support and guidance.

4. Regular feedback and close educational supervision with provision of named educational supervisor

5. Regular protected teaching (Consultant led case presentations and seminar; joint meetings with radiology and O&G; guest lectures by visiting faculties; consultant delivered teaching; audits and risk meetings; management meetings, high quality induction program)
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<td>6.</td>
<td>Competency-based assessments</td>
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<td>7.</td>
<td>Well established and very active Local Faculty Group with engagement from all consultants</td>
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<td>8.</td>
<td>Protected monthly audit and risk meetings</td>
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<td>9.</td>
<td>Weekly journal club meetings</td>
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<td>10.</td>
<td>Monthly perinatal morbidity and mortality meetings</td>
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<td>11.</td>
<td>Regular neonatal and paediatric simulation days</td>
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<td>12.</td>
<td>In-house level 3 safeguarding course</td>
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<td>13.</td>
<td>Monthly directorate meeting to give exposure to management issues</td>
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<td>14.</td>
<td>General paediatrics and specialist teaching clinics</td>
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**Educational Support**

Protected teaching currently takes place every week for 4 hours which is curriculum based and consultant supervised.

Regular mandatory training sessions for child protection, paediatric and neonatal resuscitation; and for recognition of a sick child

In house simulator training and courses are organised to aid educational support

We coordinate with the specialist regional PICU for mandatory paediatric simulation courses and Medway Tertiary neonatal unit for neonatal simulation courses

**Training Locations (e.g. Hospital sites & Trusts)**

The acute Trust is based at Darent Valley Hospital in Dartford, just off junction 2 of the M25. The acute medicine and paediatrics posts are within the acute hospital. Psychiatry is located at Little Brook Hospital. The practice for hosting the General practice component will be one of the training practices within the Dartford GP training programme.

**Expected Rotation Information (+ exceptions)**

Each post lasts six months with a single block of three weeks (representing 10% of the time) spent in one of the other specialties. It is anticipated that trainees will continue any weekend on-call commitments of their main specialty but they will not be allocated to weekday nights. This allows smooth running of the rotas and maximises the time spent working in the ‘taster’ specialty. Hospital posts (medicine and paediatrics) and community posts (GP and psychiatry) will be paired.
The trainees will rotate from one hospital-based post to one in the community, i.e. paediatrics → psychiatry → medicine → GP

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<th>Employment Information</th>
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<tr>
<td><strong>Employer(s) (if known)</strong></td>
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<td><strong>Travel and relocation expenses policy – if this differs from national guidance</strong> (Refer to paragraphs 277 - 308 in the Junior Doctors’ Terms &amp; Conditions of Service.)</td>
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<td>For more details about KSS relocation expenses:</td>
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