In medicine, the post is divided across Acute & General Medicine (2 days) and Rehabilitation Medicine (3 days), both based at Princess Royal Hospital, Haywards Heath, providing the post-holder experience in both specialities.

This post is now a banded full-time substantive post and will participate in the on-call rota.

**Acute and General Medicine:**

The Acute Medical Teams at PRH are predominantly based across 3 main areas:

1. Balcombe Ward (medical, short stay & cardiology); a 27 bedded ward.

2. RAMU (Rapid Access Medical Unit; incorporating the Rapid Access Medical (RAM) clinic, the Acute Medicine Unit (AMU), and an Ambulatory Care Unit (ACU); this unit opened in June 2013 and is adjacent to the Emergency Department and consists of 4 trolley bay, 2 side rooms and 3 additional clinic rooms.

3. Emergency Department – our most unstable medical patients or those that need a high level of monitoring continue to be seen by ourselves in the ED.

The majority of the acute medical work takes place in these areas.

The Acute Medicine take at PRH is managed by a pool of Consultant Acute Physicians, who rotate on a weekly basis from the Royal Sussex County Hospital (RSCH). For the postholder’s 2 Acute Medicine days each week, you will predominantly be based either in RAMU or on Balcombe Ward (and this can be tailored to the specific needs of the...
Dr James Myerson is an Acute Medical and Respiratory Physician with a particular expertise in the management of lung cancer and an interest in Medical Education. He provides some cover for Acute Medicine at PRH. He is also the local RCP College Tutor and he will be the BBT trainee’s Educational Supervisor, also providing some Clinical Supervision.

The postholder will be involved in the clerking and management of acute medical patients, including ambulatory care patients, as well as the ongoing management of inpatients on Dr Myerson’s firm (alongside the other team members: currently, 1 HST (Cardiology & GIM), 1 RAMU Registrar, 1 GP trainee (SHO level), 1 F2, and 2 F1s).

This gives valuable learning opportunities and experience both in the early management of acute medical problems, liaison with the community services, as well as ongoing inpatient treatment. The PRH operates a selected medical take accepting all acute medical referrals except ST elevation myocardial infarction or significant haematemesis which are directed to the RSCH (Royal Sussex County Hospital).

The specific medical specialties at PRH are: Acute Medicine, General Medicine, Cardiology, Diabetes & Endocrinology, Respiratory Medicine, Gastroenterology, Stroke Medicine, Acute Dementia Unit (Poynings), and Geriatric Medicine.

There may also be opportunities to attend Dr Myerson’s weekly respiratory and acute medicine follow-up clinic, as well as opportunities to attend other clinics, depending on the specific interests of the post-holder.

**Rehabilitation Medicine:**

An exciting new development of this post is the opportunity to work for part of the week (3 days) in the Sussex Rehab Centre (also based at Princess Royal Hospital). Rehabilitation Medicine is a fast evolving speciality and the development of this part of the BBT post recognises the need and importance of experience in rehabilitation, and especially the links that are needed with 2 of the other components of the BBT programme, namely Psychiatry (and the psychological input required) and General Practice.

The SRC provides an excellent learning environment with patients who are generally more stable but can deteriorate acutely. It is 39 bedded post-acute Neurological Rehabilitation Unit. Patients are admitted following any acquired neurological injury, including post SAH and post trauma, and stroke.
There is a multidisciplinary team comprising of nurses, specialist physiotherapists, speech and language therapists, occupational therapists, neuropsychologist, dietician, social workers, orthotist and four Consultants. The postholder will become part of that team, alongside a new CMT post and an F2 post, with HST support from a registrar. This will give the postholder experience of Multidisciplinary team working, liaising closely with all members of the team, allowing the postholder to gain a better understanding of the interface between secondary care, primary care and social services, as well as other agencies offering support in the community to those people affected by these conditions.

There will also be opportunity to attend clinics during this part of the post.

Dr Aneetha Skinner will be the postholder’s named Clinical Supervisor for the Rehabilitation Medicine part of the post, but clinical supervision will also be provided by the consultants who cover the SRC: Dr Stephen Novak, Dr Ingrid Kane, and Dr Khalid Ali.

You will be expected to complete the specific competencies as outlined in the BBT curriculum over the course of the rotation. There will be emphasis on the acute setting and rehabilitation competencies but these are transferable, if required, to pursue other postgraduate training pathways, in accordance with the principles of Modernising Medical Careers. Specific learning needs will be identified at the initial meeting with your Educational Supervisor. The e-Learning Portfolio is a key aspect of your learning and development within the programme.

We have several set teaching sessions during the week which you will be encouraged to attend: Friday CMT teaching (13.00-14.00), Wednesday Medical Dept. Meeting (14.00-15.00), a monthly Morbidity and Mortality meeting (last Wednesday of the month; 14.00-15.30), and a monthly Grand Round (last Friday of the month; 12.30-14.00). There will also be opportunities to present at some of these sessions.

In addition to this, there are other multimodality learning approaches available, and PRH has the added benefits of links to our sister hospital in the Trust, RSCH in Brighton, and its links to Brighton and Sussex Medical School.

**In Paediatrics:** Post information to be confirmed.

**In Psychiatry:** You will rotate through Sussex Partnership NHS Foundation Trust and work with Dr Simon Baker in the East hub of the Assessment
&Treatment Service (ATS) based at the East Brighton Community Mental Health Centre at Brighton General Hospital.

The ATS receives all referrals from primary care, most of the work will involve assessing and managing new referrals in outpatient clinics under supervision, some patients are seen at home. The Recovery component of the ATS manages patients with long term mental illness and there will be some experience of managing severe mental illness and the opportunity to join in mental health act assessments. The trainee will take part in the on call rota which will provide experience of the inpatient unit.

Medical staff in East Brighton comprises three Consultants, two Associate Specialists, one Specialist Registrar and one other GP trainee, the multidisciplinary team includes psychologists, nurses, social workers, support workers and employment specialists. There is a day hospital on site and specialist services for eating disorders, a neurobehavioral clinic, memory clinic and Assertive Outreach Team.

There is a weekly academic program with case presentations, journal club and teaching sessions on Wednesday afternoons. A highly successful MRCPsych course is held on Thursdays and there are academic meetings at the Brighton & Sussex Medical School. Trainees contribute to undergraduate clinical teaching.

Dr Simon Baker, East Brighton Community Mental Health Centre, Brighton General Hospital, BN2 3EW
Tel: 01273 242253
Simon.baker@sussexpartnership.nhs.uk

**In General Practice:** you will be based in one of two surgeries Meridian Surgery, Peacehaven or Wish Park Surgery Hove.

**The Meridian Surgery** provides primary care services for the residents of Peacehaven and Saltdean. We are a long established GP training practice, homed in the still quite new Anchor Healthcare Centre, opened in March 2012, which is also the base for the local District Nurse team, podiatry and a number of private health care providers. Our practice has close to national average age population but significantly high morbidity, which makes us very busy
but ensures a good mix of cases for learning and experience. We have daily clinician meetings and additional in-house training sessions.

**Wish Park Surgery** relocated to a modern purpose built surgery in July 2015. The practice has a close working team, which provides an ideal learning environment for trainees. We are located in Hove in an area highly populated with young families and elderly people. There are a large percentage of nursing and rest homes in the area providing opportunity for trainees to gain experience in managing medical complexity, working holistically and observing a wealth of clinical symptoms and signs under our supervision. There are weekly meetings offering a learning environment with our other learners including; GPST, FY2 doctors and Medical Students.

Whichever practice you are attached to, following an induction, you will commence a variety of the normal work carried out by GPs. These activities include having your own surgeries, visiting patients, reviewing their results, telephoning patients, liaising with other members of the primary health care team involved in the care of your patients. You will always have a clinical supervisor available to discuss your work. Initially they will discuss all your patient encounters with you, gradually as you become more competent, their discussions may be more selective. You will have a weekly tutorial and a session for private study leave.

In term time there will also be a weekly Thursday morning teaching session with the rest of the Brighton GP trainees, devised to meet the requirements of the General practice curriculum. This will usually be held at the Audrey Emerton building in Brighton.

Through engaging in these learning opportunities and work experiences, you will develop both generic competencies for BBT and also some of the GP specific competencies.

<table>
<thead>
<tr>
<th>Training Locations (e.g. Hospital sites &amp; Trusts)</th>
<th>Medicine &amp; Paeds: BSUH: James Myerson (M): <a href="mailto:James.myerson@bsuh.nhs.uk">James.myerson@bsuh.nhs.uk</a> &amp; Catherine Wynne (P): <a href="mailto:Catherine.wynne@bsuh.nhs.uk">Catherine.wynne@bsuh.nhs.uk</a></th>
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<tr>
<td>Psych: East Brighton Community Mental Health Centre, Brighton General Hospital, BN2 3EW</td>
<td>Tel: 01273 242253 <a href="mailto:Simon.baker@sussexpartnership.nhs.uk">Simon.baker@sussexpartnership.nhs.uk</a></td>
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<tr>
<td><strong>GP</strong></td>
<td>Anchor Healthcare Centre, Peacehaven, East Sussex (Andy Starling: <a href="mailto:andy.starling@nhs.net">andy.starling@nhs.net</a>) Wish Park Surgery, Hove, East Sussex (Paul Evans: <a href="mailto:dr.paul.evans@nhs.net">dr.paul.evans@nhs.net</a>)</td>
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<tr>
<td><strong>Expected Rotation Information (+ exceptions)</strong></td>
<td>Each post is six months.</td>
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<td><strong>Employment Information</strong></td>
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<td><strong>Employer(s) (if known)</strong></td>
<td>Brighton And Sussex University Hospitals NHS Foundation (Single Lead Employer)</td>
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<td><strong>Travel and relocation expenses policy – if this differs from national guidance (Refer to paragraphs 277 - 308 in the Junior Doctors' Terms &amp; Conditions of Service.)</strong></td>
<td>In line with national guidance For more details about KSS relocation expenses: <a href="http://www.londondeanery.ac.uk/var/relocation">http://www.londondeanery.ac.uk/var/relocation</a></td>
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