

Circulation of the Bulletin includes: GP PDs, GP Clinical & Educational Supervisors, Practice Managers, SEAT Trust Reps, Medical Education Managers/Faculty Admin; gpsouth.lase@hee.nhs.uk

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Health Education England

Working across Kent, Surrey & Sussex

GP Specialty Training Bulletin 116 (09 Jan 18)

@HEKSSGP: We are now on Twitter. Follow us for the latest updates on recruitment, training and CPD.



Follow us on Twitter

We recommend all readers browse the trainee and faculty sections of the bulletin to ensure they don't miss anything new

GP FACULTY ADMINISTRATORS – PLEASE FORWARD THE BULLETIN TO ALL TRAINEES ON YOUR SCHEME

We wish all our readers a happy, healthy and prosperous start to 2018

Section A – Information for GP Trainees

Section B – Information for Faculty (Programme Directors / GP Trainers)

Section C – General Information

Section D – Conference/events/courses

[Section A – Information for GP Trainees](#)

[Educational Supervisor reviews \(ESR\)](#)

All GP trainees should be preparing for submission of their next ESR **by 31st January 2018**, unless they have recently had an ARCP. Please ensure you have made arrangements to meet with your ES to complete this vital task, and ensure you have completed the self-assessment prior to any meeting. For more general advice regarding reviews of your progress, please see the GP ST Handbook [here](#).

The deadline for the second ESR for 2017-8 will be due as follows:

- ST3 **28th May 2018**
- ST1/2 **25th June 2018**

[Form R](#)

All trainees are reminded that they require a Synapse account to completed a Form R **prior to every ARCP throughout their training**. If you do not have an account you need to sign up to Synapse by emailing servicedesk@hee.nhs.uk requesting the permission for access to the Form R. You should have received this already.

The Form R should be uploaded to your ePortfolio under “Courses and Certificates” in the “Learning Log” section. Please also ensure that you “share” the attachment, so that the ARCP panel can view it.

Time out of training (TOOT) days – form R

Once your completed Form R has been submitted via your ePortfolio under “Courses and Certificates” in the “Learning Log” section, please reply to the notification of ARCP email you will have received from the HET team (even if the figure declared is ‘0’) to confirm the list of the exact dates of absence (TOOT) you have had since your last ARCP in DD/MM/YYYY format (for each half day or full day) that you have declared.

Portal information

We are pleased to announce that from **Friday 5th January 2018** we will be moving to a new PGMDE Support Portal in order to service all of our trainee enquiries across both London and Kent Surrey and Sussex. It can be accessed here: <https://lasepgmdesupport.hee.nhs.uk/support/home>

Some of the benefits to this portal will be:

- It will enable us to reduce the number of inboxes we manage
- It will enable us to use the mailboxes to service other stakeholders such as TPDs and HOS more effectively
- It will enable trainees to self-service through a series of FAQs enabling you to access the answers to some of your questions immediately.
- We will be able to categorise queries in order to prioritise their urgency.
- It will also enable us to capture all of the information that we may need in order to hopefully answer queries first time without the need to request further information

As part of this move we do intend to reduce the number of mailboxes in use across the department this may mean a change to the mailbox that you communicate through. We will however arrange for auto forward to be on all decommissioned mailboxes and will communicate the new mailbox structure directly to trainees and educators in due course.

WE WOULD REMIND YOU THAT YOUR MAIN SOURCE OF INFORMATION FOR ALL MATTERS RELATING TO YOUR GP TRAINING REMAINS OUR WEBSITE:

<https://kssdeanery.ac.uk/general-practice>

Revalidation

Ahead of this Revalidation queries have now moved over to the Support Portal. Revalidation queries will only receive a response if they are directed through the portal

<https://lasepgmdesupport.hee.nhs.uk/support/home>.

Sick leave

Trainees and supervisors are reminded that any periods of sick or other leave greater than 28 days should be listed on the e-portfolio as a separate post. Please ensure that your employing trust is kept updated.

KSS GPSTR committee

The next meeting of the GPSTR committee is scheduled for **18th January 2018** 14.00-16.30 in the Crawley area. The location will be confirmed directly to committee members.

We still have a number of GP Specialty Training Programmes with no representative identified:

- Maidstone & Tunbridge Wells

- Medway
- East Sussex
- Brighton & Mid-Sussex
- Crawley & East Surrey (CRESH)

If you believe you are the elected representative (ONE rep for each programme each for ST3 and ST1/2) PLEASE NOTIFY your Employing Trust and Programme Directors.

Without a rep, your scheme misses out on having a voice to influence changes which can benefit all trainees.

KSS Enhanced GP training 2018

The Enhanced GP training scheme this year will be open to ST2 and ST3 trainees, and will offer a PGCert in Enhanced Health and Wellbeing. Participants will undertake 3 modules, with a choice of either leadership or medical education, a research methods module and a personal project, working in a local organization (usually a CCG).

Following the information sharing meeting in December, we are finalizing this year's scheme, the academic part of which will run between **April – November 2017**, and you can find full details here: <https://kssdeanery.ac.uk/gp-enhanced-st3>

We will notify all ST2 and 3 trainees when the applications are open via the eportfolio.

The programme is flexible, comes with 28-days additional study leave, and provides a brief extension to your GP training programme (between 5 and a half weeks and 4 months, depending on your circumstances and preferences).

If you think you'll want more from your future career than clinical practice, this is an amazing opportunity for you.

Performer's List – Change of status from GP trainee to qualified GP

As you know, all GP trainees must be on the Medical Performer List in order to work in GP practice. HEE have again agreed to provide details for all trainees direct to NHS England, who hold the list, and a further upload of information will occur shortly to ensure all GP trainees in KSS are on the list. You should **only need to take action if we contact you directly** about this, and are aware that the visible list online is not always updated in a timely manner. Legislative changes to remove this requirement have been delayed by the Brexit process, but remain the intention in the medium term.

Transfers

The next window for Inter-Deanery Transfers (IDTs) and Inter-Programme Transfers (IPTs) will run from **05/02/2018** to **05/03/2018**. The same criteria apply to both transfer systems, and trainees may wish to apply for both to maximize their chances of success, since IDTs in to London are rarely possible.

Please note applications received outside this window will NOT be considered, and don't underestimate the time and effort required to get the paperwork completed, as it requires a number of signatures by various educators. Please read the guidance carefully to avoid disappointment.

For more information on IDTs visit: <https://specialtytraining.hee.nhs.uk/nationalIDT>

For more information on IPTs visit: <https://kssdeanery.ac.uk/general-practice/trainees/gp-specialty-training/transfers>

National Medical Director's Clinical Fellow Scheme 2018/9

Applications are now invited for the National Medical Director's Clinical Fellow Scheme 2018/19.

The scheme provides doctors in training with a unique opportunity to gain experience and insight into healthcare leadership, policy and strategy by working with senior healthcare leaders in national organisations.

Fellows spend one year involved in, and often independently leading, projects under the guidance of host organisations' senior leadership teams. As well as the knowledge gained from their particular project, fellows gain skills in project management, collaboration, effective communication, presentation and team management.

The scheme is open to doctors in training from all specialties who will have completed foundation training (FY2) by the time they commence the fellowship from 1 September 2018. Candidates must have full GMC registration and do not expect to gain CCT before 1 September 2018.

Now in its eighth year, the scheme is sponsored by the NHS England National Medical Director and managed by the Faculty of Medical Leadership and Management (FMLM) and is supported by Professor Sheona MacLeod, Chair of English Deans.

"I've seen how this scheme inspires people. It changes how people think of leadership as a possibility." **Professor Sheona MacLeod**

The deadline for applications is 9am on Monday 22 January 2018. For further information visit the [FMLM website](#), deadline for applications is 22 January 2018.

Junior Doctors Contract

The BMA have recently released further guidance on the Junior Doctor contract in GP placements. This includes a number of new features including a work template that incorporates OOH working, a practice FAQ section and a document comparing the new 2016 contract with the previous 2002 one. Trainees and practices may find this helpful in their understanding of the contract.

Please visit <https://www.bma.org.uk/advice/employment/gp-practices/gps-and-staff/guidance-for-gp-practices-on-the-2016-junior-doctors-contract>

Guidance for entering information into eportfolios – from Prof Helen Stokes-Lampard, Chair, RCGP

Dear Colleague

You may have heard about a recent situation where a self-reflective entry in the online learning log of a paediatric trainee was used as part of a fitness to practise investigation. I know that this has concerned trainees from all specialties, and the Medical Royal Colleges have been closely following the progress of the case and the outcome. As part of this the Academy of Medical Royal Colleges produced a guidance document to provide advice to all trainees about best practice for recording reflective portfolio entries, while at the same time making sure that they do not expose themselves or their patients to any unnecessary risk, and also giving information about the legal position in relation of the use of this information by other parties. This guidance was circulated last year, but can be accessed [here](#).

We would urge you to read and follow the guidance, but not to let this discourage you from writing honest and developmental reflective entries in your ePortfolios. If you have any specific concerns about this I would advise you to speak to your trainer or educational supervisor.

Prof Helen Stokes-Lampard
Chair, RCGP

Prof Kamila Hawthorne
Vice Chair (Professional Development), RCGP

Message from Lead AiT representative for South East Thames RCGP faculty

Dear South East Thames RCGP Associates in Training (AiT)

I would like to take this opportunity to introduce myself as your elected Lead AiT Representative for the South East Thames Faculty. My role is to represent you, the AiT, and your interests at the RCGP in domains such as curriculum, exams and membership.



I am an LTFT GPST3 on the Bromley GPST scheme, so, although I represent AiT's within the KSS Deanery, I am not actually a trainee within this region. I am aware that this is not ideal, but I am willing to work hard for you all so that you are not at a disadvantage because of this.

I would like to ensure that all trainees within the KSS Deanery feel that they have a voice at College level and we, as a regional and national Committee, are keen for all AiT's to have the best quality training experience.

Please feel free to contact me with any concerns that you have; as your representative, I am keen that you should all have a voice. I can be contacted at: amritasenmukherjee@doctors.org.uk

At present, the role of Deputy AiT Representative for the South East Thames Faculty is yet to be filled. I would love to have someone on board so we can work together to represent AiT's in the South East Thames Faculty. If you would like to put yourself forward for this role, please could you write a short personal statement of 150 words and send it to david.bushell@rcgp.org.uk so we can move forward with an election process.

I would like to set up a facebook group for GP trainees in KSS. I could post local and national information and RCGP events. In order for this to be successful, I would need a representative to help me from each GP Specialty programme - if you could email me we can start organising this.

For all of you who are BMA members, they are giving away 2 months preview of Headspace app. It's a great app which gives access to meditation and mindfulness.

Looking forward to hearing from you,

Ami

Amrita Sen Mukherjee, AiT Representative, South East Thames

[InnovAiT readership survey](#)

InnovAiT is the RCGP journal produced to support GP trainees during their training. The Editors are undertaking a readership survey to ensure it caters for trainees' needs – to have your say please complete the brief survey: <http://rcgp-news.com/t/49LX-4X71-8FV8UYH28/cr.aspx>

[HEE KSS Sound of the Student and Trainee Voice](#)

Following on from past successful 'Sound of the Student and Trainee Voice' events HEE KSS invites you to attend this year's conference which is being held on:

Friday 2nd March 2018, 0900-1630hrs at the Crowne Plaza Hotel, Gatwick.

Please find attached a copy of the programme for the day and the Eventbrite link below to cascade to students/trainees who would be interested in registering themselves to attend.

As you will see places are limited so please book a place as soon as you are able!

<https://www.eventbrite.co.uk/o/health-education-england-working-across-kent-surrey-and-sussex-15842519751>

Section B – Information for Faculty (Programme Directors / GP Trainers / Clinical Supervisors)

HEE Antimicrobial resistance (AMR) training resources guide

HEE are pleased to let you know that our [antimicrobial resistance \(AMR\) training resources guide](#) is now available to access on our [website](#).

As part of our work (HEE [2016](#)) we stated we would “explore developing a guide to learning materials for antimicrobial resistance and infection, that signposts prescribers and other staff to available educational sessions that will help support learning in the system”.

The purpose of this guide is to promote available learning on the management of infective states, infection prevention and control, antimicrobial resistance and antimicrobial stewardship by:

1. Signposting educational materials available to health workers and students.
2. Providing a centralised resource portal to educators on supporting learners.
3. Supporting commissioning, regulatory and quality improvement teams (including infection prevention and control and antimicrobial management teams) by highlighting available educational resources to improve practice.
4. Encouraging learners to access available learning sessions to support their learning needs.
5. Highlighting learning sessions that can be embedded within clinical training pathways.

Friendly URL: www.hee.nhs.uk/antimicrobialresistance

STC January CANCELLED

At the recent STC it was decided that having three meetings per year, aligned to the period following the rounds of LFGs and LABs would be better, so the **January 2018 STC meeting is cancelled**. The GPSTR committee meeting will still take place on that date.

Recruitment opportunity – RCGP CSA and AKT Examiners

The College is now recruiting for new Clinical Skills Assessment and Applied Knowledge Test members to join its MRCGP panel. Full details of the application and selection process are available on the MRCGP webpages ([here](#)). FYI, enquiries and completed applications should be addressed to exams.recruitment@rcgp.org.uk

Sickness and Annual Leave Reporting

Please can we remind Trainers to continue to complete sickness and annual leave returns to the Acute Trust that employs your trainee as part of the Single Lead Employer Agreement. This is an essential data required by the Trust. We are in the process of updating the contact list for each Trust with regard to where these returns should be sent and will be asking Programme Directors through the LFG Administrators to send out an updated contact for your area.

RCGP CSA Observation Opening 2018

Dear Colleague,

We know that there are many trainers, educational supervisors and others involved in GP training who would like to visit the RCGP and see a “live” CSA examination. Previous visitors have commented that the session has been interesting and useful, and has allowed them to better prepare their trainees for the

assessment. We feel that previously the application process was cumbersome and not user friendly, hence we have tried to re-jig things a little to make it more streamlined for those wishing to visit us.

If any of your Drs involved in training would like to visit us, please could they fill in the application form (this can be found at the following link)

http://kssdeanery.ac.uk/sites/kssdeanery/files/MRCGP%20CSA%20Visitors%20application%20form%20v.5%20DP%202017_18.doc which includes identifying their top three date preferences. The CSA dates are available at <http://www.rcgp.org.uk/training-exams/mrcgp-exams-overview/mrcgp-clinical-skills-assessment-csa.aspx> under the "Dates for applications for CSA examination and publication of results" tab. Please note that visits are not available on Mondays, or on the first day of each diet.

There are a couple of important points that visitors should note:

- 1) Visitors should normally be active in GP training, and not be potential candidates for the CSA. Those involved in postgraduate assessment from other medical colleges would also be most welcome.
- 2) Visitors from commercial organisations will not be eligible to attend.
- 3) Visitors will be accepted from Tuesday to Saturday, though not on the first day of an exam diet, with a maximum of two visitors per day.
- 4) Potential visitors are asked to fill in an application form (attached).
- 5) Visitors will be required to sign a confidentiality form to ensure confidentiality in every area of the exam.
- 6) Visits encompass the whole morning session and observers are required to arrive by 8am. They are welcome to stay for lunch and the afternoon candidate briefing before giving us their feedback and departing.

Please then send your completed application form complete with three possible dates to Mr Dan Passes (Daniel.Passes@rcgp.org.uk). Each application form will be reviewed by the administrative team and myself or one of the CSA core group to ensure eligibility.

It should be noted that the CSA calendar is subject to change based on the number of candidate applications received (with days potentially being either added or withdrawn from a diet) with final confirmation of dates not made until the candidate application window closes (normally approximately 6 weeks prior to a diet). Days falling earlier in the working week (Monday, Tuesday, and so on in chronological order) are normally those most likely to be cancelled from a diet should fewer candidate applications than expected be received. We hope this will help you plan your preferred dates.

We very much look forward to hearing from you and hope to welcome more visitors to the examination in the future.

Excellent clinical resource: National Early Warning Score (NEWS 2)

The Royal College of Physicians has recently updated its [National Early Warning Score \(NEWS\) 2](#).

The National Quality Board has endorsed its use as the standardised system for the assessment of acute illness in adults and communication between healthcare practitioners.

NEWS2 has also received formal [endorsement](#) from NHS England and NHS Improvement to become the early warning system for identifying acutely ill patients - including those with sepsis - in hospitals in England.

An [online training resource](#) is available for all health and social care staff to learn about the implementation and use of NEWS2.

HEE asks that all educators should ensure that:

- Health and social care staff are made aware of the recent updates to [NEWS2](#) and its use as the standardised system for the assessment of acute illness in adults and communication between healthcare practitioners.
- All training materials are updated to reflect the [NEWS2](#) guidance.
- Health and social care staff are signposted to and encouraged to use the NEWS [online training resource](#) as part of their learning and development.

International GP recruitment initiative

HEE has supported the submission of bids from Kent, Surrey and Sussex STPs for the International GP (IGP) Recruitment initiative. The scheme will support GPs largely from the EU to help address workforce shortages across the patch.

The educator network will be involved in a variety of ways to develop this initiative. The first requirement is for GP educators to be involved in the interview process, which is likely to commence June 2018. The interviews will be an opportunity to explore the learning needs of an IGP. The IGP will also be able to meet the practices wanting to host them. Additionally, and as mentioned in the last bulletin, there are plans to increase numbers of clinical supervisors and external educational supervisors to support these international GPs. Anyone with particular expertise for integrating the international GPs, such as being an internationally trained GP yourself, would be particularly valued. If you think you may be interested in supporting this initiative in any of these ways, please contact your Patch Associate Dean or Mary-Rose Shears mary-rose.shears@hee.nhs.uk

Section C – General Information

Advanced Clinical Practice professional framework

Health Education England, in partnership with NHS Improvement and NHS England, has developed a National Framework for Multi-Professional Advanced Clinical Practice, which includes a national definition and standards to underpin the multi-professional advanced level of practice.

As a result, there is currently, for the first time, a national definition and framework of what Advanced Clinical Practice is and what the requirements for entry are. This will ensure that there is national consistency across the role and to ensure that advanced clinical practitioners, colleagues, employers and patients clearly understand the role.

This will provide current and future ACPs with guidance and principles that they should follow throughout their professional lives and clearly outlining a career pathway into and through the profession.

The framework draws on and consolidates existing frameworks of advanced clinical practice from across the UK and provides current and future healthcare professionals working at advanced clinical practice level with guidance and principles that they should follow throughout their professional lives.

This resource will facilitate transformation of the workforce by promoting inter-professional working, across traditional professional boundaries. It will support the delivery of excellent healthcare for local people by ensuring that the workforce of today and tomorrow has the right numbers, skills, values and behaviours, at the right time and in the right place.

The framework is available here: <https://hee.nhs.uk/our-work/developing-our-workforce/advanced-clinical-practice/multi-professional-framework-advanced-clinical-practice-england>

Destination GP – message from the RCGP

As patient needs for general practice continue to grow, the General Practitioner workforce has not expanded sufficiently to meet demand. With the high number of GPs set to retire in the next five years, and continued slow recruitment across the healthcare workforce, urgent action is needed to get more doctors to the front line of general practice.

Previous research has shown that students are hearing negative things about general practice. Many other medical specialties also experience 'denigration' and 'factionalism' is widespread, but general

practice is the worst affected. The Royal College of General Practitioners (RCGP) and Medical Schools Council (MSC) jointly commissioned a survey of medical students across the UK.

This project aimed to build the evidence base on medical students' perceptions of general practice, and how and where they are exposed to misconceptions and negative views. Based on these findings, this report sets out a series of recommendations where further work is needed to tackle the spread of misconceptions and negativity surrounding general practice.

The RCGP are calling for more money for general practice student placements. If you have time please **write to your MP** about this.

Our key findings

1. **The power of peers and role models**

Students are strongly influenced by their peers, whom they perceive to hold negative views about general practice. GPs interacting with students on placement can have an extremely positive influence on student career choices.

2. **The impact of clinical contact and need to change discourse**

Clinical placements in other specialties are particularly likely to expose students to negative views of general practice, which can then create a negative impression of general practice.

3. **The need for an accurate and informative picture of the current and future general practice landscape**

General practice is an intellectually stimulating, diverse and fulfilling career choice for prospective doctors. So it is concerning that there appears to be a fairly widespread misconception that this is not the case. Information needs to be consolidated into engaging, age appropriate, accessible resources to show how challenging and varied a career as a GP can be.

4. **Influences beyond the taught environment**

More could be done to make general practice a more attractive place to work in the face of the pressures caused by rising patient needs, coupled with long-term underinvestment.

[Read the Destination GP report in full](#)

Section D - Conference/events/courses

Centre for Health Services Studies, University of Kent:

Integrating Primary & Community Care: an international perspective

One-day symposium on March 2nd 2018 at Cathedral Lodge, Canterbury, Kent

For more information and to book your place: <https://www.kent.ac.uk/chss/events/?eid=28940>

Research Workshop evaluating innovation in primary care; SET RCGP Faculty: free event

This workshop will help you learn the tools of evaluation so that innovations you introduce at whatever level you work can be formally reviewed. Meeting like-minded colleagues who want to develop skills in evaluation which can be directly relevant to their work with the potential to look at future research opportunities if desired.

The workshop aims include:

- explore the differences between research, evaluation and audit
- understand the concept of evaluative research
- know the different types of evaluation
- explore tools that can help with evaluation
- knowing whether your innovation can be evaluated
- gain experience of developing a logic model for a specific practice or intervention
- develop an evaluation plan for a specific practice or intervention

Venue Room 112, Rutherford Annex top floor, University of Kent, Canterbury, Kent, CT2 7NZ

Date 3rd February 2018 **10.00 - 13.00**

[Book your free place here](#)

SET RCGP course: Essential Dermatology 2

One-day educational event covering essential information to enable GPs and dermatology nurse practitioners to assess confidently the vast majority of conditions encountered in day to day general practice. Run by RCGP in conjunction with the Primary Care Dermatology Society. The usual PCDS fee for this event is £100 but the rate is subsidised for RCGP members by the RCGP SE Thames Faculty to £75. [Click here to register.](#)

The sessions will cover:

- viral, bacterial and fungal infections
- urticaria
- Genital Dermatology
- Hair and Nails
- Inflammatory Skin Conditions

Venue The Spa Hotel, Mount Ephraim, Tunbridge Wells, Kent, TN4 8XJ

Date 28th February 2018 **08.45-16.30**

DATES FOR YOUR DIARY:

For further details and to book on all these events and more, please access our website:

<http://kssdeanery.ac.uk/events/general-practice>

Event	Date	Venue
GPSTR committee	18 Jan 18	HEE Offices, Crawley Hospital
L&KSS GP Selection Assessment Centre	6 – 15 Feb 18	Stewart House, London
KSS PD conference	21 Mar 18	Bridgewood Manor (Chatham)
GP Specialty Training Committee (STC)	19 Apr 18	Stewart House, London
GPSTR committee	19 Apr 18	Stewart House, London
Sussex Educator Event (PDs/GPTutors/PCWT)	14 Jun 18	Checkland Building D222 (BSMS - Falmer)
GP Specialty Training Committee (STC)	26 Jul 18	Stewart House, London
GPSTR committee	26 Jul 18	Stewart House, London
Sussex Trainers Day	06 Sep 18	Tbc (BSMS Falmer Campus)
KSS PD conference	27 Sep 18	Charis Centre, Crawley
GP Specialty Training Committee (STC)	25 Oct 18	Stewart House, London
GPSTR committee	25 Oct 18	Stewart House, London

GP Specialty Training e-Bulletin

Our aim is to meet your need regarding the sharing of information from HEE. We welcome your input and feedback. Please send any comments regarding this Bulletin, or suggestions for inclusion to Alistair Bogaars (Alistair.Bogaars@hee.nhs.uk) : Tel: 020 7125 7198

Sent on behalf of:

Health Education England, working across Kent, Surrey & Sussex (HEE KSS), Department of Primary & Community Care Education

Please note that the publicising of courses and events in this bulletin does not imply endorsement by the Primary Care Department of HEE KSS