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Health Education England

This and previous bulletins are on our website:  
<http://kssdeanery.ac.uk/gp-bulletins-newsletters>

Working across Kent, Surrey & Sussex

## GP Specialty Training Bulletin 119 (28 Sep 18)

@HEKSSGP: We are now on Twitter. Follow us for the latest updates on recruitment, training and CPD.



Follow us on Twitter

We recommend all readers browse the trainee and faculty sections of the bulletin to ensure they don't miss anything new

**GP FACULTY ADMINISTRATORS – PLEASE FORWARD THE BULLETIN TO ALL TRAINEES ON YOUR SCHEME**

**Section A – Information for GP Trainees**

**Section B – Information for Faculty (Programme Directors / GP Trainers)**

**Section C – General Information**

**Section D – Conference/events/courses**

A very warm welcome to all new GP trainees who have joined the GP School recently. It's a really exciting time to be starting your primary care career – which promises the widest possible options and flexibility of all medical careers – and this bulletin is one of the ways in which you can find out everything you need to know about what support is available to you throughout your GP training.

**Section A – Information for GP Trainees**

**GP Training Handbook**

All GP trainees will be familiar with regular contacts from the Healthcare Education Team (HET) based in Stewart House. The latest KSS-specific GP Training Handbook for 18-19 can be found here:

<http://kssdeanery.ac.uk/sites/kssdeanery/files/HEE%20KSS%20GPSTR%20Training%20Handbook%20-%20Aug%202018.pdf>. All trainees are advised to read this document, to ensure they are familiar with the latest guidance for your GP training.

In general, communication with the HET team should be directed via the PGDME Support Portal (PSP): <https://lasepgmdesupport.hee.nhs.uk/support/home>. The portal includes lots of **Frequently Asked Questions**, and links to other resources which may help you answer any queries, but if not, queries should be submitted to the team via the webform on the portal. The resources are comprehensive and should provide everything you need to know.



*The guidance was developed following requests for clearer information on what is meant by reflection, and how those in training and engaging in revalidation should reflect as part of their practice. It has been developed with input from all four nations and is intended for use across the UK.*

*The guidance outlines the importance of reflection for personal development and learning; it highlights how reflection can help doctors and medical students to maintain and improve their professional practice and drive improvements in patient safety. It emphasises ten key elements of being a reflective practitioner, including how reflection is personal; that there is no one way to reflect; and that reflective notes don't need to capture the full details of an experience, but should focus on learning outcomes and future plans.*

*This work, which is a joint effort by all four organisations to provide clearer advice in this area, is part of a wider commitment to drive an open and honest learning culture. We will explore what other guidance or information could be developed to provide more practical support.*

*The documents are available on the COPMeD website <https://www.copmed.org.uk/publications/reflective-practice>, along with the Academy and COPMeD Reflective Practice Toolkit*

*This Reflective Practice Toolkit (also attached) has been produced by the Academy and COPMeD. It provides templates and examples of reflective styles and aims to facilitate best practice in the documentation of reflection on a variety of activities and events. The toolkit is intended to provide practical help and documentation to help doctors with reflective practice. It complements the general guidance.*

**Prof Sheona MacLeod, Chair of COPMED**

### **[Next Generation GP London 2018/19 – Act fast – closing TODAY!](#)**

This nationally expanding and fully-funded programme seeks to inspire emerging future leaders in General Practice, with a fantastic line up of workshops and interviews by foremost leaders in healthcare including:

- **Rt Hon Matt Hancock MP** (Secretary of State for Health & Social Care)
- **Professor Helen Stokes-Lampard** (Chair of RCGP)
- **Dr Nikita Kanani MBE** (Acting Director of Primary Care, NHSE)
- **Dominic Hardy** (Director of Primary Care Delivery Operations & Information Directorate, NHSE)
- **Sir Sam Everington OBE** (Chair of NHS Tower Hamlets CCG)

Closing date **TODAY!** 28<sup>TH</sup> SEPTEMBER – don't delay your application

For much more information visit: <http://nextgenerationgp.wixsite.com/2017>

### **[SuppoRTT - Supported Return to Training](#)**

Returning to training after a period of absence can be a daunting and difficult time for trainees. Trainees take time out of programme for many reasons, such as out-of-programme research and experience, parental leave, health issues, career breaks, or short-term suspension while under investigation. Time out of clinical practice can impact on a clinician's confidence and skills.

The London, Kent, Surrey and Sussex Supported Return to Training (SuppoRTT) programme aims to support all trainees to safely and confidently return to training after a sustained period of absence. The programme applies to all trainees absent for 3 months or more, regardless of the reason. Those absent for a shorter period may also opt in.

For further information please also visit the SuppoRTT website [https://www.lpmde.ac.uk/professional-development/inductreturnretain/rtp/copy\\_of\\_suppoRTT/suppoRTT](https://www.lpmde.ac.uk/professional-development/inductreturnretain/rtp/copy_of_suppoRTT/suppoRTT) where there is a link to the SuppoRTT process flowchart <https://www.lpmde.ac.uk/professional-development/files/supportt-process-flowchart>

## [KSS GPSTR committee](#)

The GPSTR committee has a vital role in representing the views of all GP trainees across KSS to inform and enable us to constantly improve, and to ensure that trainees receive the high standards of training expected wherever they are. Each training programme is invited to elect two representatives – **one ST3 and one ST1 or 2** – to join the committee, which usually meets on the same day as the GP Specialty Training Committee (STC), at which some of the committee represent the group as a whole.

Since the start of the new academic year, we need to be updated as to who reps are for each training programme – if you're programme hasn't confirmed these roles, and you are interested, please make sure you discuss with your Programme Directors. **Would Programme Directors or Faculty Administrators please notify [gpsouth.lase@hee.nhs.uk](mailto:gpsouth.lase@hee.nhs.uk) who your reps are.** (This email can't respond to contact from trainees, who should use the portal for all contacts).

For those of you who don't get to join the committee, please remember your reps are there to represent **ALL of you** – so when they ask you for feedback, please respond – it's your chance to help make things better. The new committee will no doubt be in touch directly soon.

## [Section B – Information for Faculty \(Programme Directors / GP Trainers / Clinical Supervisors\)](#)

### [Transfers – Inter-Deanery Transfers \(IDTs\) and Inter-Programme Transfers \(IPTs\)](#)

The latest window for transfers has just closed, so relevant Training Programme Directors have been approached for availability in those areas where transfers have been requested. Many thanks for responding to HET.

### [International GP recruitment initiative](#)

Following successful interviews in July, our first two GPs on this initiative are due to start in Kent mid-October. The next set of interviews will be taking place on **Wednesday 21st November** at the Village Hotel, Maidstone. These candidates will be looking to work in both Kent and Sussex. It would be helpful to have HEE involvement from Kent and Sussex to support the process. We will be imminently advertising for a **lead programme director** for this initiative. If you are interested in either of these roles please contact Mary-Rose Shears: [mary-rose.shears@hee.nhs.uk](mailto:mary-rose.shears@hee.nhs.uk)

### [RCGP AKT exam Standard setting exercise](#)

The RCGP are seeking GP interested GP educators to contribute to their Angoff standard setting exercise for the AKT exam. Active clinicians will determine the appropriate levels required to pass the exam, and full training will be provided.

For more information, please read the invitation letter here:

<http://kssdeanery.ac.uk/sites/kssdeanery/files/Invitation%20to%20attend%20triple%20Angoff%20Standard%20Setting.docx>

**Event details:** Woburn House Conference Centre, 20 Tavistock Square, London WC1H 9HQ on Friday 16th November 2018, from 10.00 am – 4 pm

Closing date: Monday 8<sup>th</sup> October 2018

## **Section C – General Information**

### **Nursing Associate role**

The Nursing and Midwifery Council have developed a new film to share information and personal insights into this new role. The film features interviews with trainee nursing associates and registered nurses explaining what they've learnt so far and how they believe the role will benefit patient care and nursing teams in the future.

Increase your awareness of the role by watching the film here: <https://www.nmc.org.uk/news/news-and-updates/trainee-nursing-associates-share-aspirations-for-the-role-in-new-film/>

### **DATES FOR YOUR DIARY:**

For further details and to book on all these events and more, please access our website:

<http://kssdeanery.ac.uk/events/general-practice>

<b>Event</b>	<b>Date</b>	<b>Venue</b>
GP Specialty Training Committee (STC)	22 Nov 18	Crawley Hospital
KSS PD conference (Spring)	20 Mar 19	Holiday Inn Maidstone-Sevenoaks,

### **GP Specialty Training e-Bulletin**

Our aim is to meet your need regarding the sharing of information from HEE. We welcome your input and feedback. Please send any comments regarding this Bulletin, or suggestions for inclusion to Alistair Bogaars ([Alistair.Bogaars@hee.nhs.uk](mailto:Alistair.Bogaars@hee.nhs.uk)) : Tel: 020 7125 7198

Sent on behalf of:

Health Education England, working across Kent, Surrey & Sussex (HEE KSS), Department of Primary & Community Care Education

Please note that the publicising of courses and events in this bulletin does not imply endorsement by the Primary Care Department of HEE KSS