

Circulation of the Bulletin includes: GP PDs, GP Clinical & Educational Supervisors, Practice Managers, SEAT Trust Reps, Medical Education Managers/Faculty Admin. This and previous bulletins are on our website: <http://kssdeanery.ac.uk/gp-bulletins-newsletters>



Health Education England

Working across Kent, Surrey & Sussex

GP Specialty Training Bulletin 106 (25 Apr 2016)

@HEKSSGP: We are now on Twitter. Follow us for the latest updates on recruitment, training and CPD.



GP FACULTY ADMINISTRATORS – PLEASE FORWARD THE BULLETIN TO ALL TRAINEES ON YOUR SCHEME

Section A – Information for GP Trainees

Section B – Information for Faculty (Programme Directors / GP Trainers)

Section C – General Information

Section D – Conference/events/courses

Section A – Information for GP Trainees

REMINDER – HEE KSS GP School has moved - please use new postal address:

Health Education England working across Kent Surrey Sussex
Stewart House, 32 Russell Square, London. WC1B 5DN

REMINDER – GMC TRAINEE SURVEY

Survey is LIVE **until 4th May 2016** - The survey census date will be **22nd MARCH 2016** and **must** be completed by all trainees who were in post on that date - relating to their post on that date. This is your chance to influence training in the future – do not miss that chance.

THE GP SCHOOL WOULD LIKE TO REMIND ALL TRAINEES THAT UNDERTAKING THIS SURVEY IS A PROFESSIONAL RESPONSIBILITY and GP Trainers and Programme Directors are asked to encourage all GPStRs to complete the survey. HEE KSS has previously achieved 100% completion.

ARCP Panel Preparation

Review dates for the next round of ESRs for June/July ARCP panels are:

- ST3 Educational Supervisor reviews due by **27th May 2016**
- **ST3 ARCP panels w/c 20th June 2016**
- ST1/2 Educational Supervisor reviews are due by **17th June 2016**
- **ST1/2 ARCP panels w/c 11th July 2016**

Trainees are reminded that it is their responsibility to ensure they have presented all the relevant evidence in their e-portfolio, and to have completed their ESR by these dates. Any missing evidence may lead to delays in progressing in training, or to gaining their CCT at the end of training. For more details see the guidance documents below:

Guidance:

ST1 <http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20->

[%20ST1%20\(2015-16\).docx](#)

ST2 [http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST2%20\(2015-16\).docx](http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST2%20(2015-16).docx)

ST3 [http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST3%20\(2015-16\).docx](http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST3%20(2015-16).docx)

HEE London and South East: Position Statement on Trainees' Written Reflections

Reflective learning log entries are an essential part of the evidence required to demonstrate competence.

All medical trainees and educators should read this letter from the four Postgraduate Dean's for London and the South East geography: [http://kssdeanery.ac.uk/sites/kssdeanery/files/2016%203%20\(23rd\)%20HEE-EM%20Letter%20-%20Statement%20on%20Trainee%20Reflections.pdf](http://kssdeanery.ac.uk/sites/kssdeanery/files/2016%203%20(23rd)%20HEE-EM%20Letter%20-%20Statement%20on%20Trainee%20Reflections.pdf)

National Performers List

All GP trainees must apply to join the National Performers List BEFORE they start their first placement in GP. Instructions for this are sent out by HEE KSS to individual trainees, and there is a 3 month grace period **ONLY** for those who have commenced their application before their placement starts. Failure to apply will result in being placed out of programme (and not being paid). The process can take a considerable time, particularly for those who have lived and worked outside the UK in the past. Guidance is available here: [http://kssdeanery.ac.uk/sites/kssdeanery/files/NPL%20Update%20\(Feb%2016\).docx](http://kssdeanery.ac.uk/sites/kssdeanery/files/NPL%20Update%20(Feb%2016).docx)

Please ensure you have completed the application in a timely manner:
<https://www.performer.england.nhs.uk/>

The Sound of the Student and Trainee Voice

The 3rd annual HEE KSS event is later this month, and all trainees are welcome to register and have their voices heard. Venue: The Amex Stadium, Village Way, Brighton BN1 9BL

Date: **28th April 2016** 08.45-16.30

For more information click here: <https://hee.nhs.uk/hee-your-area/kent-surrey-sussex/news-events/events/sound-student-trainee-voice-2016>

MRCGP Developments - Message from the Chief Examiner:

CSA: 14th Case Pilot

The CSA Core group is planning to pilot a new type of CSA case during the May 2016 diet as part of our drive to enhance both the validity of the examination and its reliability.

This is a short answer written case that aims to test specific aspects of prescribing such as the management of polypharmacy and professionalism.

Candidates who book for May 2016 will be advised about the pilot at the time of booking, and no advance preparation will be required. Candidates will sit the pilot case after completion of the standard 13 case CSA circuit. The marks for the pilot case will not count towards the candidate's score and no specific feedback will be given regarding performance in this case.

There are no plans to implement any changes to the examination in the immediate future and adequate notice of revisions will, of course, be given at the appropriate time.

Clinical Examination and Procedural Skills (CEPS)

The GMC has approved CEPs as a replacement for directly observed procedures (DOPS) in the workplace. The following eportfolio adjustments have been made:

- Any DOPs already completed will count towards competency in CEPS
- Removal of the DOPS assessment form from the evidence section of the ePortfolio in both trainee view and ES view
- The DOPS tab in the evidence section of trainee and ES view will now be read only

- The skills log link on the trainee and ES view to now be a read only page
- Trainee view under review preparation tab to have all the skills log tabs as read only
- ES view within ES review in skills log tab to have the mandatory/optional/other list of DOPS as read only
- Skills log comments remain but renamed as Clinical Skills and Procedural Skills and these will appear on the final page of the ES review under quality of evidence presented

Full details of the evidence trainees can use to demonstrate competence in CEPs is provided in the WPBA section of the website <http://www.rcgp.org.uk/training-exams/mrcgp-workplace-based-assessment-wpba/ceps-tool-for-mrcgp-workplace-based-assessment.aspx>

Kind regards
Pauline Foreman
Chief Examiner MRCGP

Practitioner Health Programme Event for junior doctors

The NHS Practitioner Health Programme has more than 8 years of experience, seeing and treating over 2000 clinicians suffering with a range of health issues. In recent times we have seen a significant increase in younger doctors seeking help; most commonly presenting at 29 years old. This is a very worrying trend. On 24th June we will be hosting an event to explore with junior doctors what needs to be done to restore the NHS as a healthy place to work, for body and mind.

This will be an opportunity to consider the barriers and facilitators to a healthy NHS workforce, as well as a chance to consider techniques to ensure and restore your own wellbeing.

Medics and healthcare professionals are well accustomed to giving care sometimes at the expense of their own health and personal life. We work long and odd hours often under unrelenting pressure. It can be difficult to strike a work life balance in this current climate.

Mindful Medics shall be running a yogic breathing and mindfulness meditation session during the event. Join us to:

- Improve physical and mental wellbeing
- Increase emotional IQ and resilience
- Improve work productivity and performance
- Improve your interpersonal relationships

• And much more...

Outputs from the day will be shared with key decision makers.

We hope you will join us and be part of the conversation.

100 places only – please register as soon as possible to ensure you have a place.

[Click Here for Details](#)

To book a place at this free event please complete the booking registration form [click here](#).

Save the Date – GP ST 3 Graduation Celebration – Wed 20th July 2016

We are planning our Third Annual Graduation Celebration on Wed 20th July 2016 at Holiday Inn, Gatwick. This is a very positive occasion, with workshops in the morning and presentation of awards and symbolic certificates to those trainees completing their training.

To see more, and find out about the awards available for ALL GP trainees to apply for, click here: <http://www.kssdeanery.ac.uk/gp-trainees-resources/gpst3-graduation>

Child Sexual Exploitation E-learning resource

HEE has released a video outlining how healthcare staff can spot the signs of child sexual exploitation. All trainees are encouraged to watch the video and learn more.

The YouTube link is here: https://www.youtube.com/watch?v=sC4Nn_mYKu0

Website link: <https://hee.nhs.uk/our-work/developing-our-workforce/spotting-signs-child-sexual-exploitation>

End of Life Care e-learning resource

The e-learning programme End of Life Care for All (e-ELCA) aims to enhance the training and education of the health and social care workforce so that well-informed high quality care can be delivered by confident and competent staff and volunteers to support people wherever they happen to be.

e-ELCA sessions have been highlighted as a resource to help with implementation of the NICE Guidelines on improving care for people who are in their last days of life (Care of Dying Adults in the Last Days of Life [NG31]).

The sessions can be accessed here: <http://www.e-lfh.org.uk/programmes/end-of-life-care/>

Section B – Information for Faculty (Programme Directors / GP Trainers)

GMC TRAINER SURVEY – REMINDER

Survey is now LIVE until 4th May 2016. This year the GMC will be surveying doctors **that hold a recognized trainer role on 22nd March 2016** (this will include those approved as GP clinical supervisors and GP educational supervisors (trainers)). HEE are required to provide the GMC with details of approved supervisors. This is your chance to feedback on your role in education, and we would ask that all GP Educators find the time to complete this important work.

Please look out for the email from the GMC inviting you to take part in this survey. Whilst we very much appreciate how busy everyone is, we are hopeful that all GP Educators will emulate their trainees, and complete this survey. It's your chance to shape the future.

GP Trainer (ES) Accreditation Guidance

The guidance for ES accreditation has been updated. The process for supporting situations where the trainer/trainee relationship has broken down has been changed to make it more supportive for all parties. Have a look at the guidance here:

[http://kssdeanery.ac.uk/sites/kssdeanery/files/Guidance%20on%20Trainer%20\(ES\)%20Appointments%20Apr%202016.docx](http://kssdeanery.ac.uk/sites/kssdeanery/files/Guidance%20on%20Trainer%20(ES)%20Appointments%20Apr%202016.docx)

Annual Department of Primary & Community Care Education review

Following the cancellation of the AGM in March, the annual review can be accessed here:

<http://www.gpkss.ac.uk/sites/kssdeanery/files/Department%20of%20Primary%20&%20Community%20Care%20Education%20Review%202015.pdf>

Summer and Winter GP Trainer workshops

With much regret it has been decided to NOT hold a KSS wide Summer or Winter Trainer workshop this year. We know they are highly regarded by those who attend. This year we have a number of challenges that have led to this decision:

- There are a number of Induction events being held across KSS to support our Primary Care Workforce Development strategies that require trainer attendance which impacts on availability to attend other educational events
- With the integration of KSS and London whilst we aim to maintain business as usual we need to recognise impact on staff and their workload commitments during this time of change and support them
- The workshop attendance from delegates staying overnight has significantly declined – when rooms are not taken up this has significant cost implications

We are supporting local trainer groups looking to expand their skills development strategies for new and experienced trainers during this year and have a number of resources that can be accessed to support this.

We very much appreciate the hard work that has gone into the workshops over the years.

Tele- Supervision for Educational Supervisors – pilot

HEE KSS has been working with the University of Kent on crafting an innovative workshop to enable Clinical Supervisors to be supported by an Educational Supervisor remotely through use of social media platforms (Skype).

The pilot workshop, based at the University of Kent Medway Maritime campus (Chatham) is aimed at educators who have had at least two years experience as a GP Trainer. The course is 2 and a half days, is free and the GP School will also provide additional support for attendees. For those Trainers considering the Diploma in Strategic Leadership and Multi-professional Education in healthcare with KSS, the pilot will link to one of the modules. The necessary IT hardware will be provided for use by attendees. Attendees must have a learner working with them in GP at the time of the course.

Course Dates: 14th June (all attendees) Either 21st or 23rd June and 14th July (am or pm session only)

For more details, and to register your interest, follow this link: <http://kssdeanery.ac.uk/workshop/pilot-tele-supervision-training-course>

Programme Director Appointments / Vacancies

Area	Sessions	Appointment
Medway	2 sessions	Applications closed – Interview Date 4 May
Chichester	2 Sessions	Being advertised – interview date 16 June

Section C – General Information

Exercise Medical Stretch – free opportunity to develop leadership skills

254 Medical Regiment are offering a free residential leadership course to HEE KSS GPs and GP trainees in Crowborough on 21-22 May 2016. The NHS has much to learn from the military in leadership skills.

For a flyer click here: <http://kssdeanery.ac.uk/sites/kssdeanery/files/2%20Med%20Stretch%20Poster.pdf>

For full details, click here:

<http://kssdeanery.ac.uk/sites/kssdeanery/files/1%20Invite%20Letter%20to%20Employers.pdf>

For an application form click here:

<http://kssdeanery.ac.uk/sites/kssdeanery/files/3%20Participant%20Application%20Form.docx>

Spend a week's work experience at BMJ

Junior doctors can spend a week at BMJ between May and August 2016. You'll spend the week working in our product development department and alongside the editorial team on The BMJ journal.

To sign up

Pick a first and second choice out of these weeks...

- 9, 23 and 30 May 2016
- 6, 13, 20 and 27 June 2016
- 4, 11, 18 and 25 July 2016
- 1, 8, 15, 22 and 29 August 2016

Then email your choices to the Co-Lab team at BMJ: colab@bmj.com. They will get back to you to confirm!

Basic information

- be quick: we'll take doctors on a first-come, first-served basis.
- all junior doctors are welcome. There is no application process other than signing up. There are no criteria for eligibility other than being a junior doctor who can fit the week into their diary.
- you will be working at BMA House, near Euston in London. If you are normally based outside London, you will need to arrange travel and accommodation yourself.
- if you have any questions, email BMJ: colab@bmj.com

Section D - Conference/events/courses

E-learning resource: Heart Education Awareness Resource and Training through E-learning (HEARTE) project

The aim of the HEARTE project is to be a free heart disease educational resource that health and social care professionals across Scotland can access.

CHSS collaborated with key stakeholders and partners and developed an educational framework which aligned to cardiac specific areas. These areas were identified as priorities by the National Advisory Committee for Heart Disease (NACHD) and related actions as outlined as priorities by the Better Heart Disease and Stroke care Action Plan.

The educational framework underpins the cardiac specific content and has driven the learning outcomes for each module.

HEARTE can be used to enhance your Continuing Professional Development (CPD) or to enhance your overall cardiac knowledge.

Access this free here: <https://heartlearning.org/>

DATES FOR YOUR DIARY:

For further details and to book on all these events and more, please access our website:
<http://kssdeanery.ac.uk/events/general-practice>

Event	Date	Venue
Sussex PD Meeting	9 June	Park View, Sydney West, Burgess Hill
Kent PD Meeting	6 July 2016	Hpg13 Bolingbroke at Hall Place, Hpg 13, CT1 3AG
ST3 Graduation Event	20 July 2016	Holiday Inn, Gatwick

GP Specialty Training e-Bulletin

Our aim is to meet your need regarding the sharing of information from HEE. We welcome your input and feedback. Please send any comments regarding this Bulletin, or suggestions for inclusion to Sue Smith ssmith@kss.hee.nhs.uk

Sent on behalf of:

Health Education England, working across Kent, Surrey & Sussex (HEKSS), Department of Postgraduate GP Education

Tel: 0207 415 3630 / Fax: 0207 415 3687

Please note that the publicising of courses and events in this bulletin does not imply endorsement by the GP Department of HEKSS.