

GP Specialty Training Bulletin 107 (10 June 2016)

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GP FACULTY ADMINISTRATORS – PLEASE FORWARD THE BULLETIN TO ALL TRAINEES ON YOUR SCHEME

Section A – Information for GP Trainees

Section B – Information for Faculty (Programme Directors / GP Trainers)

Section C – General Information

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Section A – Information for GP Trainees

GP ST1/2 ARCP Panel Preparation

Review dates for the next round of ESRs for July ARCP panels are:

- ST1/2 Educational Supervisor reviews are due by **17th June 2016**
- ST1/2 ARCP panels w/c **11th July 2016**

Trainees are reminded that it is their responsibility to ensure they have presented all the relevant evidence in their e-portfolio, and to have completed their ESR by these dates. Any missing evidence may lead to delays in progressing in training, or to gaining their CCT at the end of training. For more details see the guidance documents below:

Guidance:

ST1: [http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST1%20\(2015-16\).docx](http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST1%20(2015-16).docx)

ST2: [http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST2%20\(2015-16\).docx](http://kssdeanery.ac.uk/sites/kssdeanery/files/Assessment%20and%20review%20timelines%20-%20ST2%20(2015-16).docx)

Developing Skills in Telephone Triage

The GP School is running half day courses for all ST3 trainees to develop their skills in telephone triage. This important course helps trainees address this important aspect of our work and is helpful in supporting the development of Out of Hours competencies.

- Wednesday 21st September – 2 sessions am and pm
- Thursday 6th October – 2 sessions am and pm

Please register using the on-line booking form: <http://kssdeanery.ac.uk/workshop/out-hours-telephone-workshop-st3>

Communication Resource: Library of Podcasts

The GP School has developed a Communication Resource library of podcasts. Communication skills are integral to working as a GP. The CSA requires the integration of the doctor's medical agenda with the patient agenda supported by appropriate, effective verbal and non-verbal communication. **Three new cases have been added** which explore how to build patient self-efficacy and help motivate changes in behavior.

You can gain access to the Podcasts via the link: <https://podcasts.kssdeanery.ac.uk/>

Username: HEKSS Password: communication@123

(If you cannot log in to the system it may have been "locked out" – please email gptrainingmanager@kss.hee.nhs.uk and inform us so we can ask the IT team to unlock the system).

Case 1 – Cough

Case 3 – Dermatology Referral

Case 5 – Diabetes

Case 7 – Smoking Cessation

Case 2- Pregnancy

Case 4 – Discussion about a relative

Case 6 – Back Pain

National Performers List

Don't forget ALL GP trainees MUST apply to go on the National Performers List BEFORE they start their first placement in General Practice. Since the NPL requires a recent DBS check, which if required has to be paid for by the trainee, you will save money if you sign up to the 'update' service (£13 per year for unlimited updates) rather than paying the £44 new check fee – it also comes through much more promptly. You need to sign up within 14 days of your original DBS application. For details visit <https://www.gov.uk/government/publications/dbs-update-service-applicant-guide/dbs-update-service-applicant-guide>

The GP School is aware that existing offices in Maidstone and Surbiton that have previously arranged face to face interviews will be closing by the end of July. If you find this is the case as you make your application, please contact Pcse.enquiries@nhs.net who should be able to arrange your interview.

GP ST 3 Graduation Celebration – Wed 20th July 2016

We are planning our Third Annual Graduation Celebration on **Wed 20th July 2016** at Holiday Inn, Gatwick. This is a very positive occasion, with workshops in the morning and presentation of awards and symbolic certificates to those trainees completing their training.

To see more, and find out about the awards available for **all** GP trainees to apply for, click here: <http://www.kssdeanery.ac.uk/gp-trainees-resources/gpst3-graduation>

Don't forget to register for this popular and positive event.

CSA sitting in October 2016

The RCGP have announced that there will be an October sitting of the CSA exam this year:

Application window: 22-25 August 2016

Exam dates: 4-5 October 2016

Results published: 13 October 2016

Applications can be made here: <http://www.rcgp.org.uk/training-exams/mrcgp-exams-overview/~link.aspx?id=73EC1B03977A4205B38F3B269AEC7A08&z=z>

[Keeping in touch \(KIT\) days and indemnity](#)

Any trainees who undertake 'Keeping in touch' (KIT) days whilst on prolonged leave (e.g. maternity leave) need to remember to inform their medical defence organisation, to ensure that they are adequately indemnified.

[DYSLEXIA RESEARCH – chance to contribute](#)

Sebastian Shaw, John Anderson & Jim Price, Division of Medical Education, Brighton & Sussex Medical School, are undertaking a quantitative study into how GP and Foundation Trainees in KSS/STFS are supported. If you are affected by dyslexia, please consider contributing to their research:

There is a desperate shortage of research into the experiences of medical students and junior doctors with dyslexia. We conducted a qualitative study and now wish to quantify our findings using an anonymous online survey. There are no implications for anyone's professional status as a result of taking part. We would be extremely grateful if could take the time to complete this survey if you have dyslexia. The BSMS Research Governance & Ethics Committee has approved this study.

Survey link: <https://www.surveymonkey.com/r/DyslexiaMedEd>

If you have any questions, do not hesitate to contact me on: s.shaw1@uni.bsms.ac.uk

Sebastian Shaw

[Medical Trainee E learning modules available – PSU, Perinatal Mental Health and e-Learning for Health](#)

A number of free e-learning modules are offered by London Professional Support Unit may be of interest to GP trainees working within London and the South East. These include:

- Reflective writing
- Professional boundaries
- Stress, Mental Health and wellbeing in the workplace
- International Medical Graduates and EU doctors
- Prescribing
- Record keeping
- Clinical incidents
- Medicines management
- Insight
- Professionalism

They can be accessed here: <http://www.lpmde.ac.uk/professional-development/elearning-support-and-self-review-modules>

[Section B – Information for Faculty \(Programme Directors / GP Trainers\)](#)

[Pre-placement checks – PLEASE highlight to Practice Managers](#)

Practices are reminded of the importance of undertaking checks regarding forthcoming GP trainees being placed in the practice, particularly the following:

- That trainees are on the National Performers List: <https://www.performer.england.nhs.uk/>
- That trainees have suitable indemnity in place
- That trainees are on the GMC register: <http://www.gmc-uk.org/doctors/register/LRMP.asp>

Whilst most KSS GP trainees are employees of the local Acute Trust, under SEAT arrangements, we continue to discover trainees who are not on the Performers List. It is the responsibility of practices to ensure professionals in contact with their patients are appropriately qualified and accredited.

Change of Process for the appointment and re-appointment of KSS Educators

As you are aware, KSS and London are in the process of integrating and as a result a number of processes will be changing.

The appointment and re-appointment of GP Educational and Clinical Supervisors will now be undertaken by the Quality and Regulation for London and the Southeast.

Julie Malvermi, the former KSS Kent Patch Manager, and now Quality Support Officer, will continue to support the Kent KSS Trainers through this process and will, in addition, be supporting the West Sussex Trainers.

Arshed Majeed will be supporting the Surrey Trainers and, in addition, the East Sussex Trainers.

Julie and Arshed will be in touch regarding your future appointments but can be contacted at kss.gpquality@ncel.hee.nhs.uk.

KSS processes for the approval of Trainers will remain the same at this time.

Please also remember to advise us of any change in circumstances, contact details etc. using the form for this purpose which can be found on our website: <http://kssdeanery.ac.uk/gp-trainer-resources>

We have recently written to all Clinical Supervisors whose accreditation is due to expire in July 2016, confirming that their period to be re-accredited has been extended to 1st September 2016 to enable the handover to the Quality team. All affected CSs need to follow the directions of that letter in order to remain accredited.

CQC inspection reports

HEE KSS have developed a risk-based, pragmatic process to review the potential impact of any CQC inspection report on education and training. The process is led by the Patch Associate Dean, and is intended to be facilitative to the practice, whilst protecting trainees (and patients). Any practices that become aware of a potential issue with their CQC inspection are encouraged to discuss things with their PAD at the earliest opportunity.

MRCGP CSA For Trainers Course

The Royal College of General Practitioners is pleased to announce a new date for their **MRCGP CSA For Trainers course**, which will take place on **Saturday 24th September 2016, at the RCGP headquarters, 30 Euston Square, London.**

This popular one day course is specifically designed for Trainers to help you to help your registrars get through the MRCGP. You will gain an understanding of the CSA and meet some of the examiners.

The day covers: CSA Introduction; what it involves, helping your registrar prepare, a mock circuit; small groups to observe 2 'dummy' cases in rotation. Facilitated discussion follows; What content your registrar needs to know content including critical reading & essential stats and more.

The course aims to answer the following frequently asked questions:

What will my registrars go through on the day?

What does the new assessment centre look like?

What are the examiners really looking for?

What should I be doing to best prepare my trainee?

Who is likely to struggle with the exam, and how can they be helped?

The course will be interactive with plenty of opportunity for discussion, and question and answer sessions. Active participation is encouraged!

[Book your place here](#)

If you have any enquiries please contact Yolanda Kibuukamusoke on **0203 188 7658** or yolanda.kibuukamusoke@rcgp.org.uk

Tele- Supervision for Educational Supervisors – pilot – DATE CHANGE: ADVANCED NOTICE

HEE KSS has been working with the University of Kent on crafting an innovative workshop to enable Clinical Supervisors to be supported by an Educational Supervisor remotely through use of social media platforms (Skype). We have delayed this important opportunity to maximize uptake, and would encourage all GP trainers to consider getting involved in this forward-looking pilot.

The pilot workshop, based at the University of Kent Medway Maritime campus (Chatham) is aimed at educators who have had at least two years' experience as a GP Trainer. The course is 2 and a half days, is free and the GP School will also provide additional support for attendees. For those Trainers considering the Diploma in Strategic Leadership and Multi-professional Education in healthcare with KSS, the pilot will link to one of the modules. The necessary IT hardware will be provided for use by attendees. Attendees must have a learner working with them in GP at the time of the course.

**Course Dates: 2nd & 3rd December 2016
3rd March 2017**

For more details, and to register your interest, follow this link: <http://kssdeanery.ac.uk/workshop/pilot-tele-supervision-training-course>

Programme Director Appointments / Vacancies

New Appointments

Medway	2 Sessions	Tim Colbert commenced on 8 June
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Area	Sessions	Appointment
Medway	1 session	Being advertised shortly
East Kent	2 Sessions	Being advertised shortly

Section C – General Information

New report sets out plans to transform general practice

A new report from NHS England entitled 'General Practice Forward View' sets out a plan to transform general practice for the benefit of patients, GPs and their colleagues.

This is good news for anyone considering a career in general practice. To find out more please visit the link: [New report sets out plans to transform general practice](#)

South Thames Foundation School invites you to BECOME A SPECIALTY CHAMPION

Would you like to provide careers information and guidance to trainees? Specialty champions are

doctors who can be from any specialty, and will be able to provide real-life, on-the-ground information about their role to interested foundation or specialty/GP trainees. We are inviting trainees from CT1/ST1 to consultant or GP level to become champions and you can sign up here: <http://www.stfs.org.uk/faculty/careers-guidance/specialty-champions>

WEBINAR FOR SPECIALTY CHAMPIONS - Save the date!

On 16th June from 19:00 – 19:45 the HEE KSS/STFS careers team will be running a training webinar for Specialty Champions. This event is free and can be accessed from any computer. A registration form for sign-up will be made available shortly and will be emailed to all champions. For more information on Specialty Champions see: <http://www.stfs.org.uk/doctor/careers-guidance/specialty-champions> and <http://www.ksseducation.hee.nhs.uk/about-careers/specialty-champions/>

HEE survey regarding Digital Communications

HEE are seeking to improve their digital communications. You are invited to complete a ten-minute online survey in order to provide important insights on the current frustrations you might experience when using our website, or any of Health Education England's websites, or to tell us what you enjoy.

HEE understand that your experience may not have been the most positive and we are actively working on bringing about change that makes it easier for you to access the information you need and to complete tasks as efficiently as possible.

This [survey](#) is very important to HEE and will provide us with the information necessary to serve you, and the tools you rely on, to advance your training and career. It takes only ten minutes to complete, and closes on **12 June 2016**.

We will treat your feedback confidentially. Your comments will only be released in summaries or in an anonymous form where no individuals can be identified. Thank you in advance.

Survey link: <https://www.surveymonkey.com/r/3BX8HRM>

Section D - Conference/events/courses

Kent, Surrey and Sussex Learning Disability Community of Practice Event

On **15th June 2016** at the Charis Centre, Crawley.

This free event is aimed at the whole of the KSS workforce, and is about sharing good practice and moving forward. We know how busy everyone is, and how difficult it can be to take time out from the day job, which is why we are making this day as interactive and useful as possible, the theme is 'Transitions and innovations in learning disability practice'. There will be presentations from our stakeholders who we have managed to support with regards to education and training opportunities that will make a positive difference to clients and staff.

<https://idhekss.wordpress.com/2016/04/06/15th-of-june-16-launch-of-kss-ldcop16-come-and-join-us-idhekss/>

If you would like to attend this free event, please do register here:

<https://www.eventbrite.co.uk/e/kent-surrey-sussex-learning-disability-community-of-practice-conference-tickets-24455276390>

KAPCU Seminar 23/06/16 – Physician Associates in Primary Care in England

University of Kent Centre for Health Services Studies (CHSS) will be hosting a research seminar on the subject of Physician Associates which will be delivered by Vari Drennan, Professor of Health

Care and Policy Research, Kingston and St Georges University London, at our **Canterbury** campus on **Thursday 23rd June 2016** from 1.00pm to 2.15pm. This event is free and a sandwich lunch and refreshments will be provided.

For more information visit <https://www.kent.ac.uk/chss/news/index.html?view=1027>

Spaces are limited - to book a place, please contact Helen Wooldridge: h.l.wooldridge@kent.ac.uk.

Perinatal Mental Health Simulation Training for HEE KSS staff

Health Education England working across Kent, Surrey and Sussex has commissioned Maudsley Simulation (part of South London and Maudsley NHS Foundation Trust) to offer a **free** one day perinatal mental health simulation training events on **25th July 2016** at Maudsley Simulation, Lambeth Hospital, Reay House, 109 Landor Road, London. SW9 9NT

This training is in addition to the Multi-disciplinary Perinatal Mental Health Training also commissioned by HEKSS and delivered by iHV. The two sets of training are designed such that either one or both may be undertaken. Delegates may apply for and be accepted for both sets of training, depending on availability.

This one-day inter-professional course is suitable for a range of health care professionals who are involved in the care of women with mental health problems, both during pregnancy or following delivery. This includes GPs, GP trainees and any other relevant healthcare professionals. It uses interactive simulation to attempt to re-create real-life clinical situations in a safe environment which does not impact on patients.

For more information on this training, please visit: <http://www.maudsleysimulation.com/hekss.html>

It is very likely that the training will be over-subscribed so it is best to book as quickly as possible.

E-learning resources available: free to all:

1. Improving awareness of perinatal mental health through e-learning

The Secretary of State for Health announced in November 2015 the Government's ambition to reduce the number of stillbirths, neonatal deaths, maternal deaths and brain injuries that occur during or soon after birth by 20% by 2020 and by 50% by 2030.

Studies done have shown that between 10 and 20% of women develop a mental illness during pregnancy or within the first year after having a baby and is the leading causes of death for mothers during pregnancy and the year after birth. These conditions e.g. postnatal depression, often develop suddenly and range from mild to extremely severe.

Working with stakeholders Health Education England's (HEE) e-Learning for Healthcare (e-LfH) programme has developed [five perinatal mental health e-learning modules](#). The modules have been designed specifically for healthcare professionals who have contact with a mother or baby from the period prior to conception until the child is one-year old.

The resource is now available on the HEE e-LfH learning management system and also on the national LMS (NLMS).

2. Accessible Information Standard

A new e-learning resource on the Accessible Information Standard is now available to access.

The Accessible Information Standard aims to establish a framework so that patients and service users who have information or communication needs relating to a disability or sensory loss, receive accessible information and communication support. The e-learning resource provides training for all health and social care staff to help them effectively apply and follow the Standard.

There are two e-learning sessions available:

- Accessible Information Standard: Introduction provides an overview of the Standard and explains how to ensure that the information and communication support needs of people with a disability or sensory loss are identified, recorded, flagged, shared and met.
- Accessible Information Standard: Towards Excellence builds upon the Introduction session and aims to enhance learners' knowledge, skills and confidence around supporting individuals with information and communication needs and effectively applying the Standard in health and care settings

For more information and to access the sessions visit:

<http://www.e-lfh.org.uk/programmes/accessible-information-standard/open-access-sessions/>

3. Epilepsy e-learning resource

The Epilepsy programme is live and consists of two e-learning sessions. The sessions are aimed at healthcare professionals working in primary care, to enable them to better support people living with epilepsy.

The main outcomes are to ensure that GPs have access to a high quality learning module to enable better support for people living with epilepsy.

The project aims to demonstrate to GPs the important role that primary care plays in providing support for people living with epilepsy. The sessions are 1) Diagnosing and Managing Patients with Epilepsy 2) Special Management Issues in Epilepsy and can be accessed now via the e-LfH Hub.

For more information visit <http://www.e-lfh.org.uk/programmes/epilepsy/>

DATES FOR YOUR DIARY:

For further details and to book on all these events and more, please access our website:

<http://kssdeanery.ac.uk/events/general-practice>

Event	Date	Venue
Kent PD Meeting	6 July 2016	Hpg13 Bolingbroke at Hall Place, Hpg 13, CT1 3AG
ST3 Graduation Event	20 July 2016	Holiday Inn, Gatwick

GP Specialty Training e-Bulletin

Our aim is to meet your need regarding the sharing of information from HEE. We welcome your input and feedback. Please send any comments regarding this Bulletin, or suggestions for inclusion to Sue Smith ssmith@kss.hee.nhs.uk

Sent on behalf of:

Health Education England, working across Kent, Surrey & Sussex (HEE KSS), Department of Postgraduate GP Education

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Please note that the publicising of courses and events in this bulletin does not imply endorsement by the GP Department of HEE KSS.